



I PLEDGE TO:

- Practice the 4Rs (**REDUCE**, Reuse, Recycle, and Rot) at home and at school whenever I can.
- Practice **REDUCE** whenever I can. For example, I can:
 - Eat what food I make or take and save extra food for later or for others.
 - Bring reusable bottles, bags, and containers to my sports events.
 - Say no thanks to disposable plastic lids and straws.
 - Use rechargeable batteries wherever I can.
 - Try to purchase items that can be reused.

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